

Teachers Plan

Your plan

Your Vhi Healthcare plan gives you access to cutting-edge medical treatments, health screenings and protection against the high medical costs of private care. To find out which hospitals and treatment centres are covered on your plan, please refer to the directories of approved facilities which are available at Vhi.ie/downloads or contact us.

Hospital cover

| Public hospitals | |
|---|------------------------|
| Day care, side room, semi-private & private room | Full cover |
| Private hospitals (excludes Blackrock Clinic & Mater Private Hospital, Dublin) | |
| Day care, side room & semi-private room | Full cover |
| Private room | Semi-private room rate |
| Specified orthopaedic & ophthalmic procedures (excluding private accommodation) | 80% cover |
| Blackrock Clinic & Mater Private Hospital, Dublin | |
| Day care & side room | Full cover |
| Semi-private room | 50% cover |
| Private room | 40% cover |
| Specified orthopaedic & ophthalmic procedures (day care & side room) | 80% cover |
| Beacon Hospital, Blackrock Clinic, Galway Clinic, Hermitage Medical Clinic & Mater Private Hospital, Dublin | |
| Day care & in-patient Level 1 cardiac procedures | Full cover |
| Day care Level 1 non-cardiac procedures* | Full cover |
| In-patient Level 1 non-cardiac procedures* | 90% cover |
| Specified orthopaedic & ophthalmic fixed price procedures | 80% cover |

*other than Radiotherapy & Chemotherapy

> Access to over 2,800 consultants

Staying healthy

- Cover for in-patient mental health treatment for up to 180 days (*includes cover for treatment of eating disorders such as bulimia and anorexia*)
- 91 days in-patient treatment for alcoholism, drug or other substance abuse in any 5 year period
- Child counselling benefit of €30 per visit, to a maximum of 8 visits, per child, per year¹
- Dean Clinics
 - Mental health assessment - €100 per member every 2 years
 - Mental health therapy sessions - €30 per visit, to a maximum of 12 visits, per member, per year

Mother & child benefits

| Maternity & child cover | |
|--|---|
| Public maternity hospitals | 3 days full cover |
| Pre & post natal visits (GP/consultant/midwife) ¹ | €400 in the year of the birth |
| Child home nursing | €100 per day, maximum of 14 days per calendar year |
| Paediatrician benefit ¹ | €60 for one visit, in the year of the birth |
| Post natal home help ¹ | €100 within 6 weeks of the birth |
| Parent accompanying child | €40 per day, maximum of 14 days following a hospital stay in excess of 3 days |

- > Free cover for new born babies until the next renewal date
- > 4th and subsequent children are free

Additional benefits

- Convalescent care of up to €30 per night for the first 16 nights
- Cancer care support benefit of up to €100 for one night's accommodation for each treatment, to a maximum of €1,500 per calendar year
- €75 towards the cost of Vhi SwiftCare Clinic visits, up to twice a year, per member
- Full cover for Vhi HomeCare with prior approval
- Health screening benefits – in each 24 month period:
 - Lifestage screening of up to €100 per screen, in a Vhi Medical Centre
 - Dexa scans covered for up to 75% cover, in an approved centre
 - Full cover for mammograms screening, in an approved centre

Travelling abroad

- €60 towards travel vaccinations per member per year¹
- When travelling abroad for 180 days or less, you have the comfort of knowing that we will provide up to €100,000 for treatment of medical emergencies which may arise
- Treatment not available in Ireland is also covered up to €100,000, when prior approved by us
- Access to a 24 hour medical phone service with an English speaking medical expert
- Help to find a local GP, hospital or clinic

Day-to-day cover for medical expenses¹

| Medical expenses | Benefit (up to) – per visit, per member, per year |
|--|---|
| Voice coaching | €30 – 5 visits |
| Consultant consultation | €60 |
| A&E levy | €75 – 2 visits |
| Consultant pathologist | €60 per referral |
| Consultant radiologist | €60 per procedure |
| Pathology/radiology & other diagnostic tests | 50% of agreed charges, up to €500 per year |

¹An annual day-to-day excess of €125 applies to each person's total claim. This means we will pay eligible benefits up to €3,200 less the excess of €125 per person, per year.

Vhi Second Opinion for Kids

The service offers children a medical second opinion from best in class paediatric specialists for any condition adversely affecting their quality of life. Should you wish to avail of this service or find out more details, please contact us on **1850 247 724**.

NurseLine 24/7 – 1850 247 724

NurseLine 24/7 is a 24 hours a day, 365 days a year, confidential telephone support service staffed by qualified nurses, who supply information on a wide range of medical conditions and queries.

Specialist Information Service provides expert guidance on a wide range of topics including financial, legal and family issues. Our team of specialists provide practical support and advice to help you identify the best solution.

One to One Midwife pregnancy support service is an exclusive service, which allows members the opportunity to register with a qualified midwife. A midwife will call throughout your pregnancy to see if you, or your partner, have any questions or concerns. The midwife stays in touch until after your baby is born.

For further information about this plan, please phone us on **(056) 444 4444**

Please note: if you amend your cover or take out a new policy, you can change your mind within 14 days of the effective date by contacting us. This document is for guidance only and should be read in conjunction with your Table of Benefits and Rules – Terms and Conditions.

Vhi Healthcare DAC trading as Vhi Healthcare is regulated by the Central Bank of Ireland. Vhi Healthcare is tied to Vhi Insurance DAC for health insurance in Ireland which is underwritten by Vhi Insurance DAC.